

Directions for use

pantogar®



Specific for hair and nails

Composition:

1 capsule contains:

Thiamine Nitrate 60 mg, Calcium D-Pantothenate 60 mg, Saccharomyces med. (Vigar-yeast) 100 mg, L-Cystine 20 mg, Keratin 20 mg, Para-aminobenzoic Acid 20 mg, excip per caps.
Colour E 132 (indigotine).

Properties and efficacy:

Pantogar® is an oral agent for hair and nails.

Pantogar® supplies hair and nails with the fortifying substances calcium D-pantothenate and L-cystine, an amino acid. It also contains the protein keratin which is an essential constituent of the hair.

Method of use:

Take at meal times with a little liquid without chewing.

Dosage:

Adults 1 capsule 3 times daily.

Children from the age of 12 on 1–2 capsules daily.

Average duration of 3–6 months, if necessary Pantogar® can be continued or repeated.

Pantogar® is not recommended for use in children below 12 years.

Contra-indications:

Hypersensitivity to any of the ingredients.

Pregnancy and Breastfeeding:

During pregnancy and breastfeeding you should ask your doctor before taking Pantogar®.

Undesirable effects:

In rare cases, intolerance reactions, such as outbreak of sweating, tachycardia, accelerated pulse, skin reaction with rash, pruritus and hives, have been reported. Gastro-intestinal complaints like heartburn, nausea, flatulence, abdo-

minal pain and diarrhoea are possible.

Furthermore dizziness, headache, vomiting, palpitation and erythema have been reported from post marketing experience.

If you are treated with a sulfonamide containing medical product, please contact your doctor before taking Pantogar®.

Pack size:

90 capsules.

Storage information:

Do not store above 25°C.

Store away from light.

Keep out of the reach of children.

Manufacturer:

Merz Pharma GmbH & Co. KGaA
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60318 Frankfurt, Germany